



Workers need to **be tougher**.

#### Workers need to change how they react to the problem.

### Let's just **run resilience training.**

## Check the facts $\rightarrow$

## MYTHS BUSTED!



# FACT:

Psychosocial hazards can harm anyone. Instead of trying to change how workers respond to psychosocial hazards you may need to change the work. PCBUs must do as much as they reasonably can to eliminate or minimise psychosocial risks before they cause harm.