



Psychosocial *risks*

In deciding how to control psychosocial risks, you must consider:

- the duration, frequency and severity of the exposure of workers and other persons to the psychosocial hazards
- how the psychosocial hazards may interact or combine.

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You must also consider the things **you can change** to control the risks of psychosocial hazards in your workplace including:

- the design of work, including job demands and tasks
- the systems of work, including how work is managed, organised and supported
- the design and layout, and environmental conditions, of the workplace and workers' accommodation
- the plant, substances and structures at the workplace
- workplace interactions or behaviours
- the information, training, instruction and supervision provided to workers.