

# MYTHS:

safety is  
*everyone's*  
business

Training in lifting  
**will prevent MSIs**

**Only physical  
hazards** can cause  
MSIs



Check the facts →

**MYTHS  
BUSTED!**

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## FACT:

**Both physical and psychosocial hazards can cause MSIs.** Training alone cannot manage the risk of MSIs. The best way to prevent MSIs is to design work in a way that prevents people from getting hurt. This includes designing tasks, equipment, workspaces, and work systems to eliminate the hazards or minimise the risk of them causing harm. For example, making sure there is enough space for workers to do their work safely, and use their equipment.

